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Supplement

Presentation of the Clinical Practice Guideline for the Diagnosis and Treatment of Gastroesophageal Reflux Disease (GERD) in Adults: 2025 Update

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With this volume, Revista Colombiana de Gastroenterología celebrates 40 years of continuous publication and editorial work. For this reason, the 2024–2025 Board of Directors of the Colombian Association of Gastroenterology, chaired by Dr. Diego Mauricio Aponte Martín, together with the Journal's Editorial Committee, have decided to commemorate this milestone through the publication of three supplements containing updated versions of the most relevant clinical practice guidelines (CPGs).

In this supplement, we present the updated version of the Clinical Practice Guideline for the Diagnosis and Treatment of Gastroesophageal Reflux Disease (GERD) in Adults: 2025 Update. This initiative originated from the Association's presidency and brought together a CPG Committee led by Drs. Luis Carlos Sabbagh, William Otero Regino, Raúl Cañadas, Diego Aponte, Alejandro Concha Mejía, and Juan David Linares. The guideline, coordinated by Dr. Albis Hani, was developed under strict methodological standards with the support of epidemiology experts from Universidad CES and the collaboration of specialized subject matter experts. We formulated clinically relevant questions and conducted a search for national and international guidelines in specialized databases. The Universidad CES team carried out a systematic review of the literature. We used the GRADE methodology and evidence-to-decision (EtD) frameworks, based on systematic searches of international guidelines, systematic reviews, and meta-analyses published between 2015 and 2025. The final consensus was reached through a multidisciplinary panel of experts, considering factors such as applicability, resources, and equity within the Colombian health system. The methodological process and technical appendices are available in the digital version of the guideline, along with its complete supplements, at: www.gastrocol.com.

Based on the Methodological Guide for the Adoption and Adaptation of Evidence-Based Clinical Practice Guidelines (2017), developed by the Colombian Ministry of Health and Social Protection and the Institute for Technological Health Assessment (IETS) (currently in force)[(1)], we adopted and adapted an evidence-based methodological approach for the CPG. Accordingly, we adopted recommendations from existing guidelines when these aligned with the national context, taking into account time and resource limitations for the development of a *de novo* CPG, and recognizing that this guideline constitutes an update of the 2015 version[(2)].

Undoubtedly, this document serves as a key reference for consultation, implementation, and adoption by health professionals, public and private health institutions, health administrators, insurers, and policymakers who seek the support and guidance provided by this updated clinical practice guideline.

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